



**Longlands
Primary
School**

Asthma Policy

Last reviewed on: 01/09/2024

Next review due by: 01/09/2026

Longlands Primary School recognises that asthma is a widespread, serious but controllable condition and the school welcomes all children with asthma. We ensure that children with asthma can and do fully participate in all aspects of school life, including art lessons, PE, science, visits, outings or field trips and other out-of-hours school activities. This is achieved through:

- ensuring that children have access to their inhalers as and when required.
- keeping a record of all children with asthma and the medicines they take.
- creating a whole school environment, including the physical, social, sporting and educational environment, that is favourable to children with asthma.
- helping all children to understand asthma as a medical condition.
- making sure that all staff (including supply teachers and support staff) who come into contact with children with asthma know what to do in the event of an asthma attack.
- working in partnership with all interested parties including the school's governing body, all school staff, school nurses, parents/carers, the local authority, doctors, nurses and children to ensure the policy is planned, implemented and maintained successfully.

Asthma medicines

Immediate access to reliever medicines is essential.

- The reliever inhalers of children are kept in the medical room.
- School staff are not required to administer asthma medicines to children (except in an emergency).
- Children are encouraged to take their own inhaler when they require it. This is usually supervised either by a member of the office staff or a qualified first aider.
- All pumps are labelled in the original packaging with the doctors prescribed dosage and kept in the medical room.
- The medical handbook clearly states which children are asthmatic. Information regarding doctor's prescribed dosage and additional notes from parent/carer is stored with the pump in the medical room. In the event of an attack, the inhaler must be taken to the child.
- Children on the asthma register who have parental consent for the use of the emergency inhaler are also clearly indicated. The emergency inhaler can be used if the child's prescribed inhaler is not available (for example, because it is broken, or empty). The emergency inhalers are labelled and stored in the school office

Record keeping

When a child joins the school, parents/carers are asked if their child has any medical conditions including asthma on their admission form.

School keeps a medical handbook, which is available to all school staff and can be located in every classroom and various places around the school, i.e. school office and medical room. A record of when the child takes their asthma relief is kept in the medical room. Any irregularities are reported to parents, for example a child needing to take asthma relief more than is usual.

It is the responsibility of Parents and carers to update the school office, via email, in the event of any changes to their child's Asthma prescription in order for the child's records to be updated.

Exercise and activity – PE and games

Taking part in sports, games and activities is an essential part of school life for all children. All teachers know which children in their class have asthma; they receive termly class medical information. We encourage children, as they get older, to try to remember this themselves and to take more control in remembering their medication. Children with asthma are encouraged to participate fully in PE.

Children whose asthma is triggered by exercise are encouraged to take their reliever inhaler before the lesson, and to thoroughly warm up and down before and after the lesson. If a child needs to use their inhaler during a lesson they will be encouraged to do so.

Offsite sport, swimming and educational visits

All inhalers must accompany children when they are off the school grounds e.g. on a trip, swimming, visiting another school, etc.

Asthma attacks

In the event of an asthma attack, school staff follow the Asthma care plan.

ALWAYS SEEK THE ADVICE/ATTENTION OF A QUALIFIED FIRST AIDER IN THE EVENT OF AN ASTHMA ATTACK

Signed:



Mr T Baines
Head Teacher

Mr S Morgan
Chair of Governor