

# Longlands Primary School

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🌐 [www.longlands.bexley.sch.uk](http://www.longlands.bexley.sch.uk)

Head Teacher: Mr T Baines

Deputy Head Teacher: Mrs T Allen



Dear Parents and Carers,

At Longlands Primary School, we are absolutely committed to doing everything we can to support your child's health and wellbeing, alongside providing the best possible educational experience.

As part of this, we take great pride in ensuring every child receives good nutrition throughout the school day. Good nutrition supports children's health and development, but it also plays a crucial role in helping them feel settled, focused and ready to learn each day. To help achieve this, we have routines in place that encourage healthy habits in the classroom – and providing access to nutritious milk is an important part of this. Milk provides vital nutrients that support children's growth, oral health, mental wellbeing and cognitive development during these early years at school.

You may already be aware, but children currently receive school milk until their fifth birthday through the Government's free school milk scheme. Longlands Primary School will automatically sign your child up to this scheme.

After a child's 5<sup>th</sup> birthday parents can continue with the milk scheme by registering online at <https://coolmilk.com/parents/>

Yours sincerely

**Mr Baines**

**Head Teacher**

