



Longlands
Primary
School

After School Club Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Tomato & Basil Pasta	Pitta Pizza Served with sweetcorn	Selection of sandwiches	Sausage / Veggie Roll served with baked beans	Make your own wraps
	Crudites	Crudites	Crudites	Crudites	Crudites
	Fresh Fruit	Yoghurt	Cake & Custard	Tinned Fruit	Ice cream
Week 2	Pasta	Hot Dog in a bun	Sandwiches	Chicken Nuggets and salad	Make your own wraps
	Crudites	Crudites	Crudites	Crudites	Crudites
	Pudding of the Day	Cake or Biscuits	Ice cream	Yoghurt	Tinned Fruit
Week 3	Pasta	Bacon Bap	Sandwiches	Fish Finger Sandwich with peas	Make your own wraps
	Crudites	Crudites	Crudites	Crudites	Crudites
	Cake or biscuit	Tinned Fruit	Yoghurt	Ice cream	Fresh Fruit



Sandwiches will be available as an alternative, on a daily basis